



2009 CANADA SUMMER GAMES

SAILING TECHNICAL PACKAGE

Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committees by detailing tournament formats and scoring procedures, assist Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each NSO's version of prospective high performance athletes. **Please note that this Technical Package is the Notice of Race for Sailing at the 2009 Canada Games.**

Every Games' coach, manager, boat person, Sport Chairperson and Mission staff has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games or could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Sport Committee of the Canada Games Council through his or her Chef de Mission or National Sport Organization.

Technical Packages are developed primarily by National Sport Organizations, following principles, guidelines and requirements of the Canada Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the NSO concerned.

If an individual wishes to initiate a change to a Technical Package leading up to a Games, the desired change should be first directed to the National Sport Organization or the Chef de Mission. The NSO or Chef will evaluate the merits of the change and will, if it has merit, submit the requested change to the Sport Committee of the Canada Games Council. The NSO or Chef will submit the rationale for the change. Changes to age groups, eligibility requirements, team sizes or staff complements will not be considered after three years prior to the Games. Substantive changes to events or competition formats will not be considered after 18 months before the Games. Minor corrections will be considered at almost anytime, but will be increasingly difficult to achieve within six months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package early.



**2009 CANADA SUMMER GAMES
TECHNICAL PACKAGE**

1. SPORT: SAILING

2. PARTICIPANTS:

- 2.1 Competitors: 3 males and 3 females
- 2.2 Staff: 1 Coach; 1 Manager; (One must be male, one must be female)
- 2.3 Drivers: For safety reasons, 2 boat drivers will be permitted for provinces and territories that trailer their boats to the Games. Upon arrival on-site, the drivers shall receive sport-specific accreditation but no access to Field of Play.
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3. CLASSIFICATION:

Must be 21 and under as of December 31, 2009
Year of Birth: January 1, 1988 or later

4. ELIGIBILITY:

4.1 Coaches:

Any staff listed as coaches on the official registration form must be fully certified (theory, technical and practical) under the National Coaching Certification Program to at least Level 3 in Sailing or the equivalent certification in the new NCCP, Competition stream, Development context (Trained Status). These coaches must be so certified not later than 90 days before the opening of the Games (May 17, 2009). All coaches must be in good standing with the Canadian Yachting Association, and have signed the CYA Coach's Code of Conduct.

4.2 Competitors:

Excluded from the Canada Games are:

- (a) Athletes that have held an SR1 or SR2 card (as defined by Sport Canada's Athlete Assistance program) at any time;

No athlete can be rendered ineligible within 90 days of the opening of the Games due to carding status (i.e., no athlete will be excluded if they are granted carding status after May 17, 2009).

5. COMPETITION:

- 5.1 The Canada Games are organized by the Canada Games Council, the 2009 Canada Games Host Society in Prince Edward Island, the Canadian Yachting Association, the Prince Edward Island Sailing Association and the Silver Fox Yacht Club.
- 5.2 Rules
- 5.2.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), **the ISAF Regulations**, and the Canada Games Competitor Eligibility Rules (Appendix 1) **and Canada Games rules, regulations, and requirements**.
- 5.2.2 Decisions of the Jury will be final as provided by RRS 70.5 (b).
- 5.2.3 All boats are subject to measurement prior to the regatta as well as **inspection for compliance with class rules at any time during the regatta**.
- 5.2.4 Appendix P will be in effect. **Rule P2.3 will not apply. Rule P2.2 is changed so that it will apply to any protest after the first one.**
- 5.2.5 Each boat is required to have valid third party liability insurance **with a minimum coverage of one million dollars CAD per event. Boats shall provide a photocopy of the insurance certificate to the organizing authority at registration.**
- 5.2.6 Sailing Instructions will be provided at registration.
- 5.2.7 Each boat will be required to display **on each side of the mainsail** her provincial letters. **They will be provided by the organizing authority and applied under its direction.**
- 5.2.8 **Each sailor may be required to wear a provincial bib on the outside of all other clothing and equipment. The organizing authority will provide bibs to each competitor.**

5.2.9 For the 29er Class rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

5.3 Events

5.3.1 There shall be competition in the following events:

21 and Under Male category

Single-handed - Laser: 1 competitor per boat (individual competition)

Double handed – 29er: 2 competitors per boat (team competition)

21 and Under Female category

Single-handed –Laser Radial: 1 competitor per boat (individual competition)

Double handed – 29er: 2 competitors per boat (team competition)

5.3.2 A competitor may compete in only one event and each province/territory may make only one entry per event.

5.4 Schedule

5.4.1 The schedule is as follows:

15 August	0900-1730	Registration
16 August	1300	Practice
17 August	1100	Racing
18 August	1100	Racing
19 August	1100	Weather Day
20 August	1100	Racing
21 August	1100	Racing

5.4.2 Ten races are scheduled for the Laser and Laser Radial events. Fourteen races are scheduled for the 29er events. Four days of racing are scheduled for all events, with one Weather Day. If necessary, the Weather Day may be used for racing to maintain the schedule of races in the series.

5.4.3 A minimum of two and a maximum of three races per day are scheduled for the Laser and Laser Radial events. A minimum of three and a maximum of four races per day are scheduled for the 29er events.

5.4.4 On the last scheduled racing day for each event no warning signal will be made after 1600.

5.4.5 From 15 to 21 August, a team leaders' meeting will be held at 0900 in the clubhouse.

5.5 Venue

5.5.1 The sailing competition venue will be the Silver Fox Yacht Club, Summerside, Prince Edward Island.

6. SPORT SCORING

6.1 The Low Point scoring system, RRS A4, shall apply.

6.2 One race shall constitute a series.

6.3 Each boat's series score shall be the total of her race scores excluding her worst score if 5 **or more** races are completed, and excluding her worst two scores if 12 – 14 races are completed.

6.4 Rankings shall be determined in each event.

Provinces will be ranked from first to last in each class (event) following the completion of the overall regatta.

Men and women will be ranked separately. Sport scoring points will then be applied to each individual class as follows:

Position	Pts
1st place	100
2nd place	97
3rd place	94
4th place	91
5th place	88

Position	Pts
6th place	85
7th place	83
8th place	81
9th place	79
10th place	77

Position	Pts
11th place	75
12th place	74
13th place	73

Men and women teams will be ranked separately. Sport Scoring will be applied to each team class as follows:

Position	Pts
1st place	150

Position	Pts
6th place	100

Position	Pts
11th place	50

2nd place	140
3rd place	130
4th place	120
5th place	110

7th place	90
8th place	80
9th place	70
10th place	60

12th place	40
13th place	30

7. PROVINCIAL/TERRITORIAL RANKING:

Final Rankings will be established by adding sport scoring points from all individual and team events. Male fleets (Laser, 29er) and Female fleets (Laser Radial, 29er) will be ranked separately.

Points for the Games flag will be distributed as follows:

Position	Points	Position	Points	Position	Points
1 st place	10	6 th place	5	11 th place	1.5
2 nd place	9	7 th place	4	12 th place	1
3 rd place	8	8 th place	3	13 th place	0.5
4 th place	7	9 th place	2.5		
5 th place	6	10 th place	2		

*Please note that this means that a maximum number of 20 flag points may be awarded to one province for sailing (between the male and female competition).

**If a province does not enter an event, it will not receive any points equivalent to “did not start” (DNS).

8. TIE-BREAKING RULE – COMPETITION:

Rule A8 will apply.

9. TIE-BREAKING RULE – PROVINCIAL/TERRITORIAL RANKING:

When there is a tie in provincial/territorial ranking on total points between two or more provinces/territories, the tie will be broken in favor of the province/territory with the most event first places, and when the tie remains, the most event second places, and so on. If the tie still remains the tie shall be resolved in favor of the province/territory with the most race 1st places, and if the tie remains, the most race second places and so on.

10. MEDALS:

GOLD 6; SILVER 6; BRONZE 6

Medals will be awarded in each event in the male and female categories. Four event gold, silver and bronze medals will be presented.

11. COMPETITIVE UNIFORM:

Provincial/Territorial colors must be worn for ceremonies. On the water, sailors will wear their own technical sailing clothing/gear.

12. EQUIPMENT:**12.1 Clothing:**

When on the water, each competitor/coach/manager/boat driver is required to wear, at all times, (except when changing clothing), a PFD. This changes Rule 40 and the preamble to Part 4 of the Racing Rules of Sailing.

12.2 Boats:

Each province/sailor shall be responsible for providing and maintaining his/her own equipment at the event.

12.3 Support Boats:

12.3.1 Support boats will be permitted for coach/manager, and must be supplied by the provincial sailing organization.

12.3.2 Provinces that do bring a coach boat may be required to carry a coach/manager from another province.

12.3.3 Coach boats shall display provincial identification.

13. APPENDIX:

The attached appendix forms an integral part of this technical package.

APPENDIX 1

2009 Canada Summer Games

Competitor Eligibility

1. Competitors must meet all eligibility requirements outlined in the Technical Package.
2. The Canada Games are open to Canadian citizens and landed immigrants.
3. The Games are open to amateur athletes who are members in good standing of their provincial and/or national sport organization.
4. An athlete's permanent domicile or actual residence must be located, for at least the 180 days prior to the opening of the Games, within the recognized boundaries of the province or territory they are representing. An athlete can have only one domicile.
5. Students attending school on a full-time basis outside their province of permanent residence during the year of the Games shall be permitted to compete for either their province of permanent residence or the province in which the athlete attends school. To be eligible to compete for the province where the athlete attends school, the student must be enrolled on a full-time basis during the 2008-2009 academic year.
6. If a non-student athlete attends a recognized national training centre outside his or her province of permanent residence, the athlete is encouraged to represent his or her province of permanent residence; however, the athlete could represent the province where the centre is located under the terms of paragraph (7), below.
7. Exceptions to the domicile requirement will be possible if the athlete can demonstrate a commitment to the province or territory she or he wishes to represent by such means as having been a member of a club or provincial sport organization in that province for the entire previous competitive season, having represented that province or territory at a previous national or regional championship or having attended school full-time the previous academic year or a recognized national training centre full-time during the previous 12 months. Other similar circumstances may be considered.
8. An athlete is permitted to try out for only one province or territory per Games.
9. The eligibility of any athlete that is not clearly established by these rules and by the Technical Package shall be determined by the Sport Committee of the Council. **Coaches or PSOs must bring forward any unclear cases to their Chef de Mission and to the CYA as early as possible before the competition for forwarding to the Sport Committee.**

10. Where a team/province/Chef wishes to challenge the eligibility of an athlete on another provincial/ territorial team, it is expected that such a challenge will be made as soon as the protesting team knows that an athlete may be ineligible. Every effort must be made to ensure that protests on eligibility are lodged before an athlete competes.

OTHER

1. All teams are reminded of the Canada Games Council's regulations concerning advertising on uniforms: only the uniform manufacturer's name or trade mark logo may be worn on team competition uniforms to *a maximum size of 60 square centimetres*. For sailing- athletes will wear their own technical gear on water.
2. The only coaching permitted is by those accredited coaches identified in the Technical Package. Personal coaches of athletes or additional coaches of any type will not receive accreditation and will not have access to competition or training areas.
3. Canada Games rules do not allow team staff to practice as therapists, physicians or other medical or paramedical practitioners. The Host Society (organizing committee) is responsible for providing high quality medical care at a central clinic at the Athletes' Village and at competition and training venues. The Sport Medicine Council of Canada assists the Host Society by providing additional medical practitioners to ensure that French and English speaking and male and female persons are available, to ensure that sport specific medical expertise is available and to ensure that all regions of Canada are represented. Team staff will not be permitted to administer medical care to athletes.