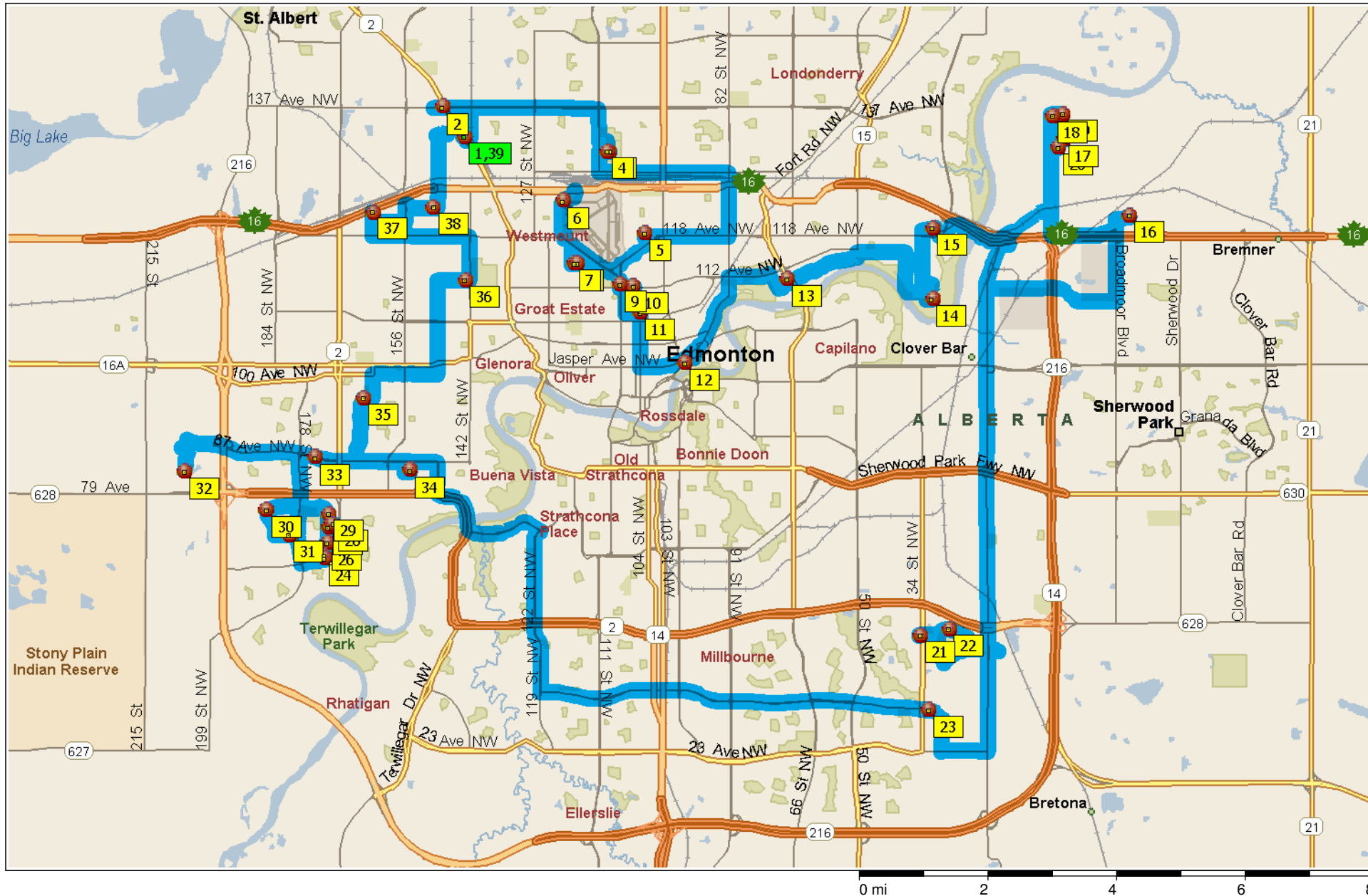


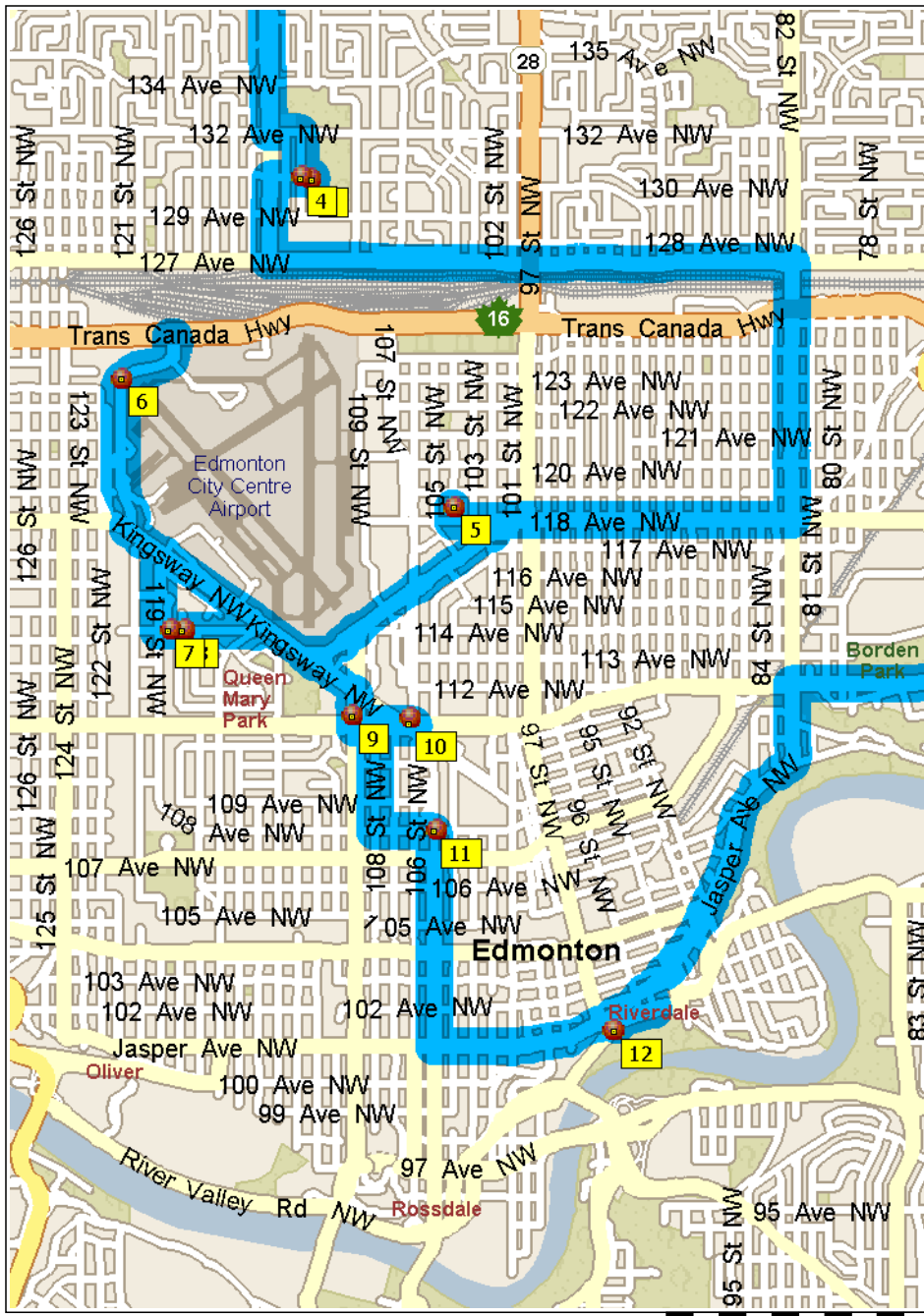
# Switching cubicle cleaning

88.6 miles; 3 hours, 46 minutes

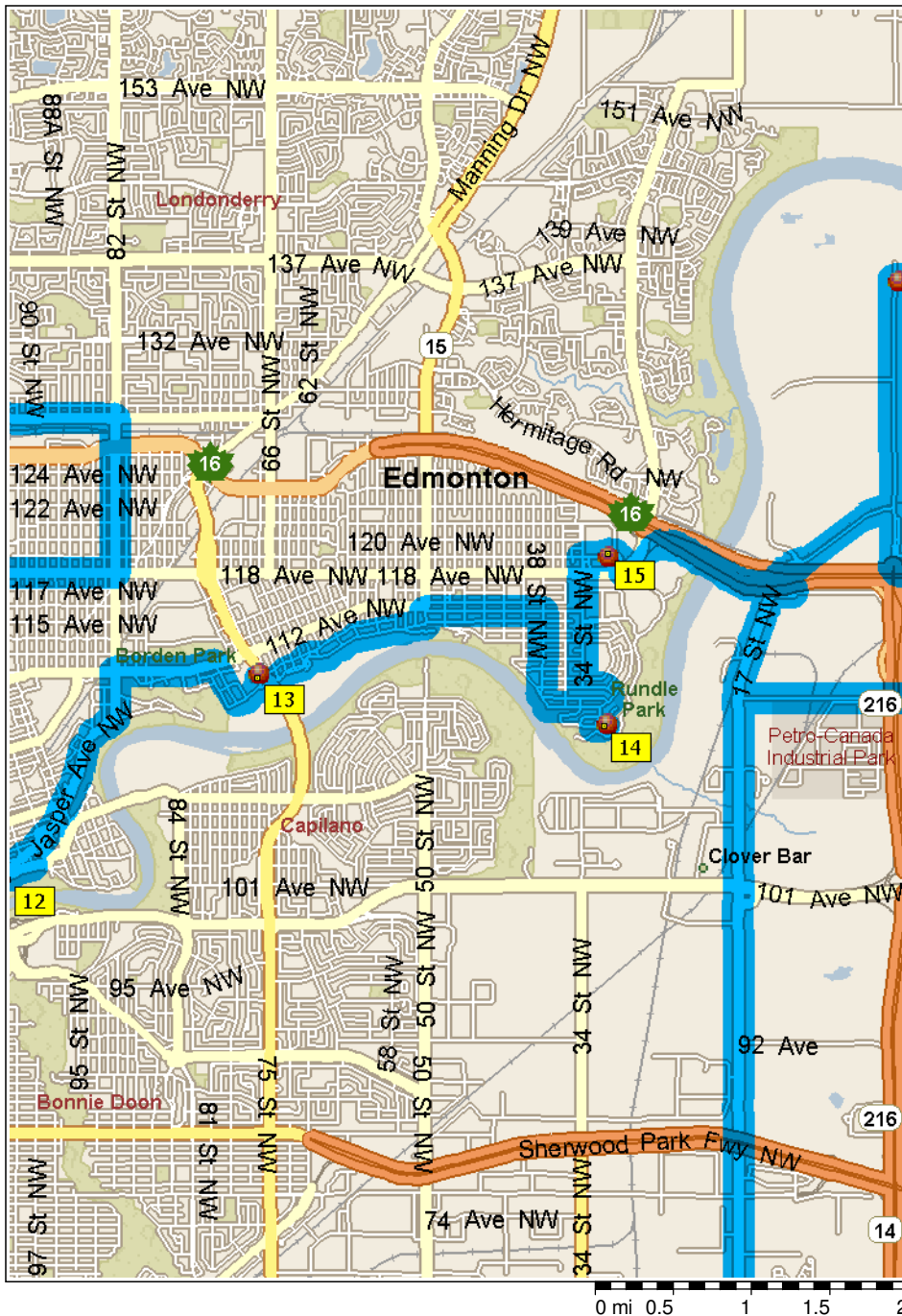




9:00 AM	0.0 mi	<b>1</b> Depart Start on Hwy-2 [St Albert Trail NW] (South-East) for 98 yds
9:00 AM	0.1 mi	Turn LEFT (East) onto 132 Ave NW for 120 yds
9:00 AM	0.1 mi	Road name changes to 142 St NW for 0.6 mi
9:02 AM	0.7 mi	Turn LEFT (West) onto 137 Ave NW for 0.3 mi
9:03 AM	1.0 mi	<b>2</b> At 992S, stay on 137 Ave NW (West) for 0.1 mi
9:03 AM	1.1 mi	Turn LEFT (South) onto Local road(s) for 10 yds
9:04 AM	1.1 mi	Turn LEFT (East) onto 137 Ave NW for 2.6 mi
9:09 AM	3.7 mi	Turn LEFT to stay on 137 Ave NW for 32 yds
9:09 AM	3.7 mi	Turn RIGHT (South) onto 113A St NW for 0.5 mi
9:11 AM	4.2 mi	Turn LEFT (East) onto 132 Ave NW for 0.1 mi
9:11 AM	4.3 mi	Turn RIGHT (South) onto 112 St NW for 0.2 mi
9:12 AM	4.5 mi	Turn LEFT (East) onto Local road(s) for 87 yds
9:13 AM	4.6 mi	<b>3</b> At S2417, return North on Local road(s) for 87 yds
9:13 AM	4.6 mi	Turn LEFT (South) onto 112 St NW for 10 yds
9:14 AM	4.6 mi	<b>4</b> At S2416, turn RIGHT (West) onto 130 Ave NW for 0.1 mi
9:14 AM	4.7 mi	Turn LEFT (South) onto 113A St NW for 0.3 mi
9:15 AM	5.1 mi	Turn LEFT (East) onto 127 Ave NW for 2.0 mi
9:19 AM	7.1 mi	Turn RIGHT (South) onto 82 St NW for 1.0 mi
9:22 AM	8.1 mi	Turn RIGHT (West) onto 118 Ave NW [Alberta Ave NW] for 1.3 mi
9:24 AM	9.4 mi	Turn RIGHT (North) onto 104 St NW for 98 yds
9:25 AM	9.5 mi	<b>5</b> At S11352, stay on 104 St NW (South) for 87 yds
9:25 AM	9.5 mi	Turn LEFT (East) onto 118 Ave NW [Alberta Ave NW] for 0.2 mi
9:26 AM	9.7 mi	Bear RIGHT (South) onto Princess Elizabeth Ave NW for 0.8 mi
9:28 AM	10.5 mi	Take Local road(s) (RIGHT) onto Kingsway NW for 0.9 mi
9:30 AM	11.4 mi	Turn LEFT (South) onto 121 St NW for 21 yds

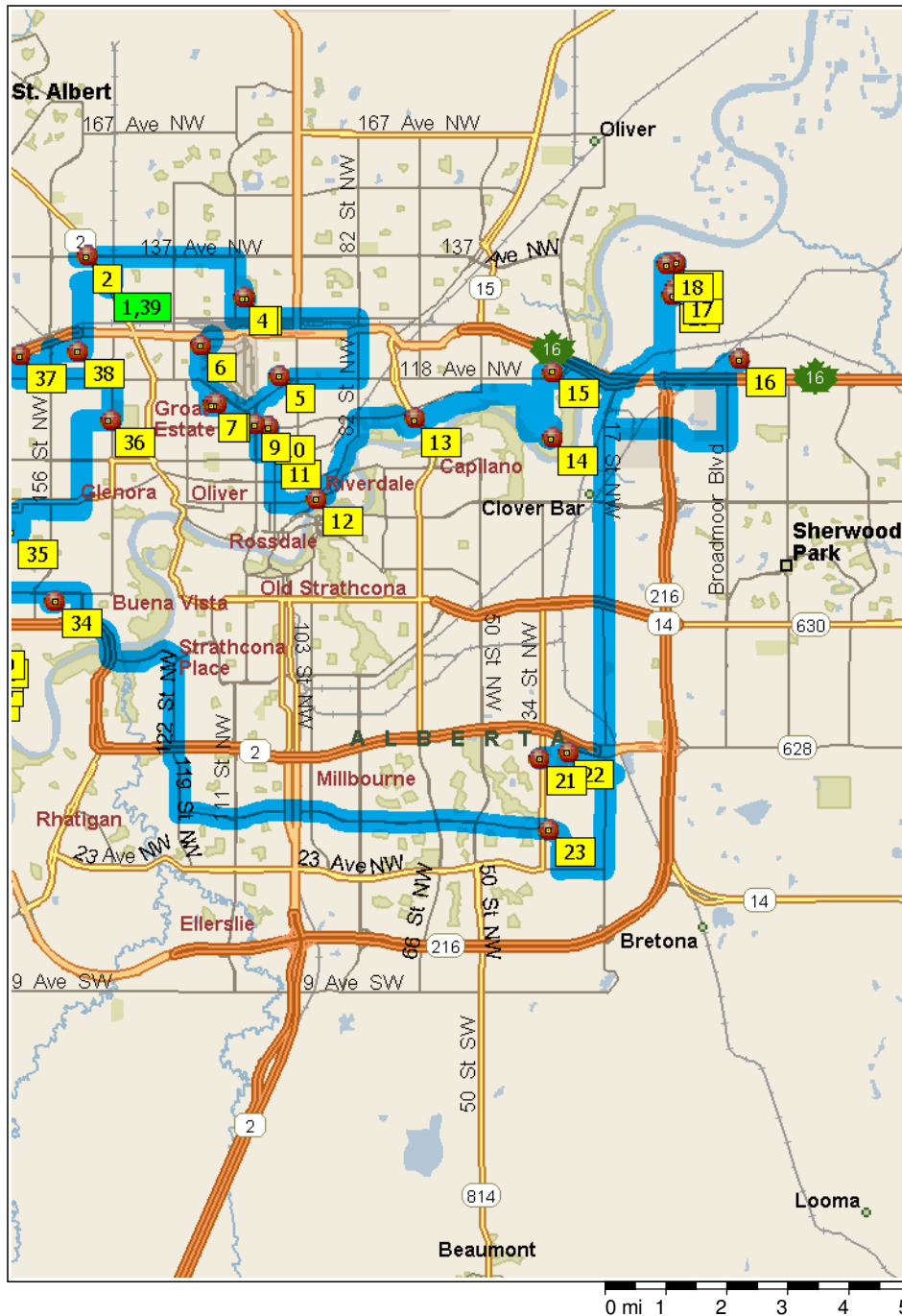


- 9:31 AM 11.4 mi Turn LEFT to stay on 121 St NW for 0.9 mi
- 9:32 AM 12.3 mi Turn LEFT to stay on 121 St NW for 0.3 mi
- 9:33 AM 12.7 mi **6** At S12592, stay on 121 St NW (South) for 0.6 mi
- 9:34 AM 13.2 mi Bear LEFT (South-East) onto Kingsway NW for 0.2 mi
- 9:34 AM 13.4 mi Turn RIGHT (South) onto 119 St NW for 0.3 mi
- 9:36 AM 13.7 mi Turn LEFT (East) onto 114 Ave NW for 65 yds
- 9:36 AM 13.7 mi **7** At CS11914, stay on 114 Ave NW (East) for 87 yds
- 9:36 AM 13.8 mi **8** At CS11915, stay on 114 Ave NW (East) for 0.3 mi
- 9:37 AM 14.0 mi Turn LEFT (North-East) onto Tower Rd NW, then immediately bear RIGHT (South-East) onto Kingsway NW for 0.5 mi
- 9:39 AM 14.5 mi Bear RIGHT (South) onto 109 St NW for 164 yds
- 9:40 AM 14.6 mi **9** At S14148, stay on 109 St NW (South) for 54 yds
- 9:40 AM 14.6 mi Turn LEFT (East) onto 111 Ave NW for 0.2 mi
- 9:41 AM 14.9 mi Turn LEFT (North) onto Local road(s) for 21 yds
- 9:41 AM 14.9 mi Turn LEFT (West) onto 111 Ave NW for 43 yds
- 9:42 AM 14.9 mi **10** At S10845, stay on 111 Ave NW (West) for 0.1 mi
- 9:42 AM 15.0 mi Turn LEFT (South) onto 108 St NW for 0.4 mi
- 9:44 AM 15.5 mi Turn LEFT (East) onto 108 Ave NW for 0.2 mi
- 9:45 AM 15.7 mi **11** At S14387, turn RIGHT (South) onto 105 St NW for 0.8 mi
- 9:46 AM 16.5 mi Turn LEFT (East) onto Jasper Ave NW for 0.9 mi
- 9:48 AM 17.4 mi Turn RIGHT (South) onto 95A St NW for 153 yds
- 9:49 AM 17.5 mi Turn RIGHT (West) onto Grierson Hill NW for 0.2 mi
- 9:50 AM 17.7 mi **12** At CS8853, return East on Grierson Hill NW for 0.2 mi
- 9:50 AM 17.9 mi Turn LEFT (North) onto 95A St NW for 153 yds
- 9:51 AM 18.0 mi Turn RIGHT (North-East) onto Jasper Ave NW for 1.1 mi
- 9:53 AM 19.0 mi Keep STRAIGHT onto 82 St NW for 0.3 mi



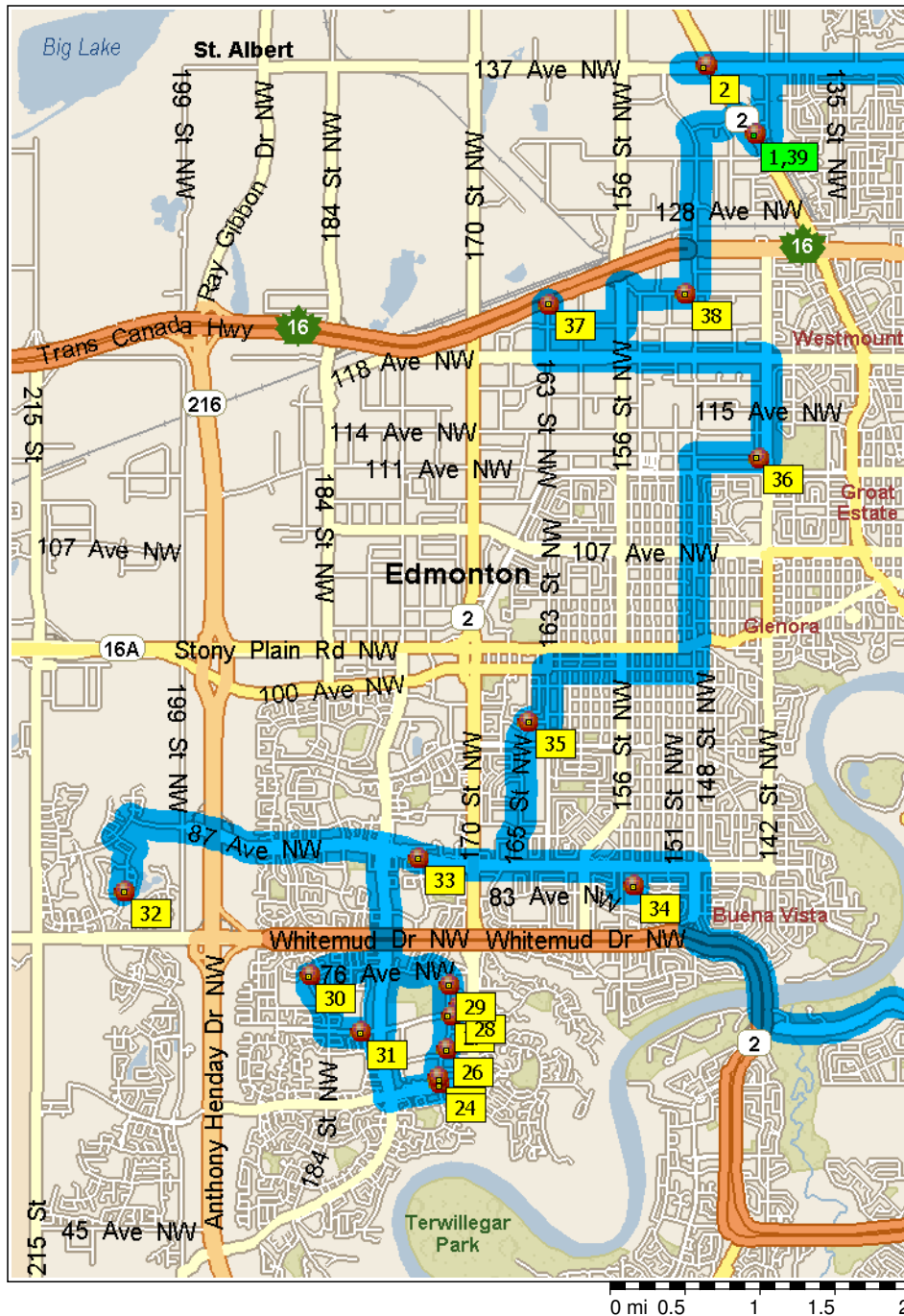
9:54 AM	19.3 mi	Turn RIGHT (East) onto 112 Ave NW for 0.7 mi
9:56 AM	20.0 mi	Turn RIGHT (South) onto 74 St NW for 0.3 mi
9:57 AM	20.3 mi	Turn LEFT (East) onto Ada Blvd NW for 0.2 mi
9:58 AM	20.5 mi	Turn LEFT (North) onto 71 St NW for 109 yds
9:59 AM	20.5 mi	<b>13</b> At S11384, return South on 71 St NW for 109 yds
9:59 AM	20.6 mi	Turn LEFT (East) onto Ada Blvd NW for 1.2 mi
10:02 AM	21.8 mi	Road name changes to 50 St NW for 142 yds
10:03 AM	21.8 mi	Turn RIGHT (East) onto 114 Ave NW for 0.7 mi
10:05 AM	22.6 mi	Turn RIGHT (South) onto 38 St NW for 0.5 mi
10:07 AM	23.1 mi	Bear LEFT (South) onto Ada Blvd NW for 164 yds
10:08 AM	23.2 mi	Road name changes to 104 Ave NW for 0.3 mi
10:09 AM	23.5 mi	Turn RIGHT (South) onto 31 St NW for 0.1 mi
10:10 AM	23.7 mi	Turn LEFT (East) onto 102 Ave NW for 120 yds
10:11 AM	23.8 mi	<b>14</b> At S2148, return South-West on 102 Ave NW for 120 yds
10:11 AM	23.8 mi	Turn RIGHT (North) onto 31 St NW for 0.1 mi
10:12 AM	24.0 mi	Turn RIGHT (East) onto 30 St NW for 0.1 mi
10:12 AM	24.1 mi	Turn LEFT (North-West) onto 106 Ave NW for 0.2 mi
10:13 AM	24.3 mi	Turn RIGHT (North) onto 34 St NW for 0.8 mi
10:16 AM	25.1 mi	Turn RIGHT (East) onto 119 Ave NW for 0.2 mi
10:17 AM	25.3 mi	<b>15</b> At S3454, stay on 119 Ave NW (East) for 98 yds
10:17 AM	25.4 mi	Turn RIGHT (South) onto Abbottsfield Rd NW for 0.1 mi
10:18 AM	25.5 mi	Turn LEFT (East) onto 118 Ave NW [Alberta Ave NW] for 98 yds
10:18 AM	25.6 mi	Take Ramp (RIGHT) onto TC-16 [Trans Canada Hwy] for 1.1 mi towards HWY-16 E / Trans Canada Hwy / Vegreville
10:20 AM	26.7 mi	At exit 398, bear RIGHT (East) onto Ramp, then immediately turn RIGHT (West) onto 116 Ave NW for 0.2 mi towards 17 St. NW / Hayter Rd. NW





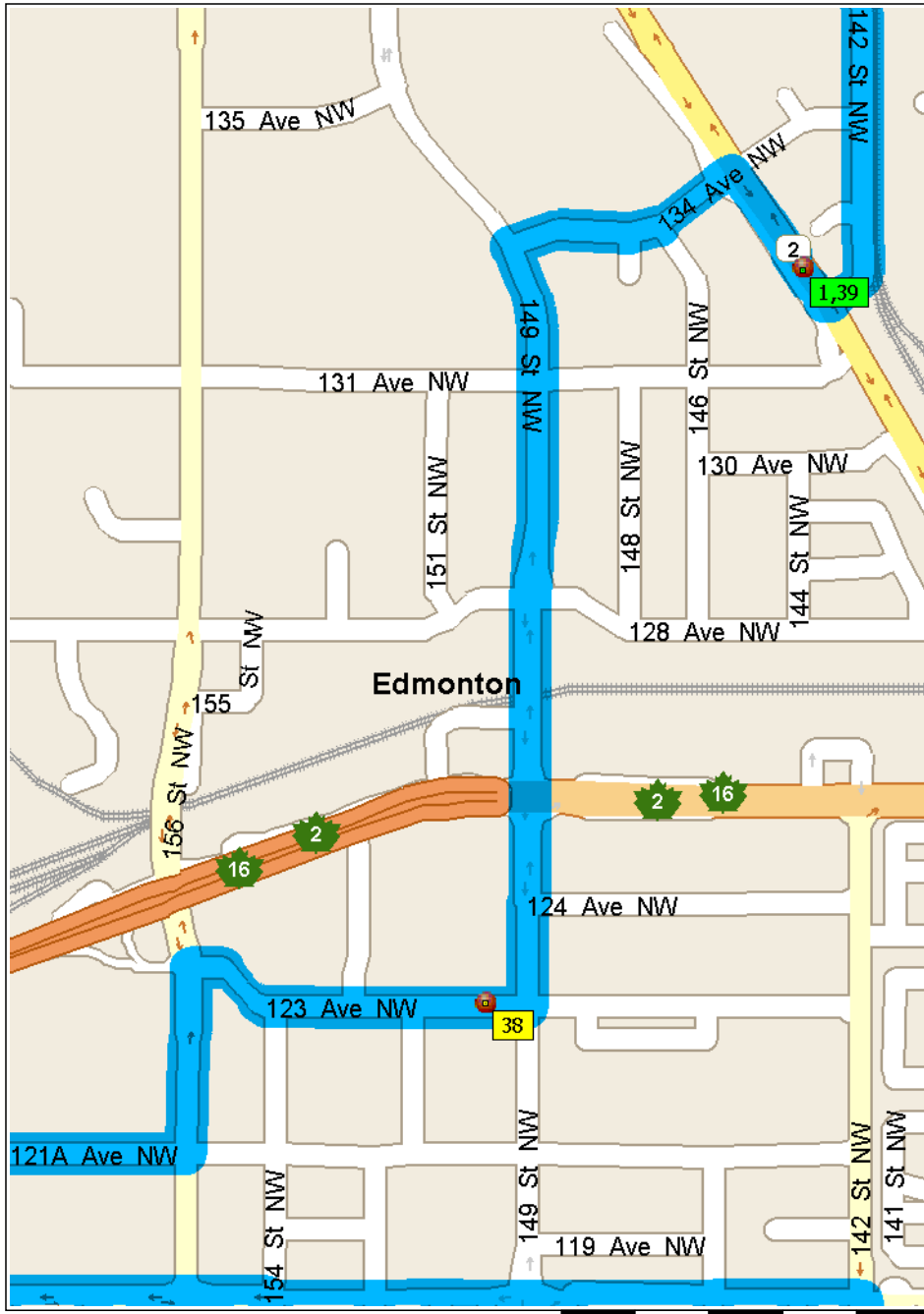
- 10:42 AM 36.3 mi Turn LEFT (South) onto Meridian St NW for 0.9 mi
- 10:44 AM 37.3 mi Turn RIGHT (West) onto Hayter Rd NW for 0.7 mi
- 10:46 AM 38.0 mi Keep STRAIGHT onto Local road(s) for 10 yds
- 10:46 AM 38.0 mi Keep STRAIGHT onto 17 St NW for 6.6 mi
- 10:57 AM 44.6 mi Turn LEFT (East) onto 38 Ave NW for 0.2 mi
- 10:58 AM 44.8 mi Turn LEFT to stay on 38 Ave NW for 0.9 mi
- 10:59 AM 45.7 mi Turn RIGHT (North) onto 30 St NW for 0.5 mi
- 11:01 AM 46.2 mi Turn LEFT (West) onto 43 Ave NW for 0.3 mi
- 11:02 AM 46.5 mi Turn LEFT (South) onto 35 St NW for 32 yds
- 11:03 AM 46.5 mi **21** At CS8804, return North on 35 St NW for 32 yds
- 11:03 AM 46.5 mi Turn RIGHT (East) onto 43 Ave NW for 0.3 mi
- 11:04 AM 46.8 mi Turn LEFT (North) onto 30 St NW for 174 yds
- 11:05 AM 46.9 mi Road name changes to 43A Ave NW for 0.1 mi
- 11:05 AM 47.0 mi **22** At 449S, stay on 43A Ave NW (East) for 0.3 mi
- 11:06 AM 47.3 mi Road name changes to 21A St NW for 120 yds
- 11:07 AM 47.4 mi Road name changes to 21 St NW for 0.1 mi
- 11:08 AM 47.5 mi Turn LEFT (East) onto 38 Ave NW for 0.3 mi
- 11:09 AM 47.8 mi Turn RIGHT (South) onto 17 St NW for 1.6 mi
- 11:11 AM 49.4 mi Turn RIGHT (West) onto 23 Ave NW for 0.7 mi
- 11:13 AM 50.1 mi Turn RIGHT (North) onto 32 St NW for 0.3 mi
- 11:14 AM 50.5 mi Bear RIGHT (North) onto 32 St (NW) [Silver Berry Rd NW] for 0.2 mi
- 11:15 AM 50.7 mi Road name changes to Silver Berry Rd NW for 0.3 mi
- 11:16 AM 50.9 mi **23** At 1704CS, stay on Silver Berry Rd NW (West) for 174 yds
- 11:16 AM 51.0 mi Road name changes to 34 Ave NW for 6.1 mi
- 11:27 AM 57.1 mi Turn RIGHT (North) onto 119 St NW for 0.9 mi
- 11:29 AM 58.0 mi Road name changes to 122 St NW for 1.6 mi
- 11:33 AM 59.7 mi Turn LEFT (North) onto Belgravia Rd NW for 21 yds
- 11:33 AM 59.7 mi Road name changes to Fox Dr NW for 1.1 mi





12:04 PM	72.5 mi	Turn LEFT (South-East) onto Picard Dr NW for 0.4 mi
12:05 PM	72.9 mi	<b>32</b> At 840CS, return North on Picard Dr NW for 0.4 mi
12:06 PM	73.4 mi	Turn RIGHT (North-East) onto Potter Greens Dr NW for 0.2 mi
12:07 PM	73.5 mi	Turn RIGHT (South-East) onto Webber Greens Dr NW for 0.4 mi
12:09 PM	73.9 mi	Road name changes to 87 Ave NW for 1.7 mi
12:12 PM	75.6 mi	<b>33</b> At S1162, stay on 87 Ave NW (East) for 1.4 mi
12:14 PM	77.0 mi	Turn RIGHT (South) onto 156 St NW for 0.2 mi
12:15 PM	77.2 mi	Turn LEFT (East) onto 84 Ave NW for 153 yds
12:16 PM	77.2 mi	Turn LEFT (North) onto Local road(s) for 32 yds
12:16 PM	77.3 mi	<b>34</b> At S1154, return South on Local road(s) for 32 yds
12:16 PM	77.3 mi	Turn RIGHT (West) onto 84 Ave NW, then immediately turn RIGHT (North) onto 156 St NW for 0.2 mi
12:17 PM	77.5 mi	Turn LEFT (West) onto 87 Ave NW for 0.8 mi
12:19 PM	78.3 mi	Turn RIGHT (North) onto 165 St NW for 1.0 mi
12:22 PM	79.3 mi	<b>35</b> At S412, turn RIGHT (East) onto 96A Ave NW for 0.1 mi
12:23 PM	79.4 mi	Turn LEFT (North) onto 163 St NW for 0.4 mi
12:24 PM	79.8 mi	Turn RIGHT (East) onto 100 Ave NW for 1.0 mi
12:26 PM	80.8 mi	Turn LEFT (North) onto 149 St NW for 1.5 mi
12:29 PM	82.3 mi	Turn RIGHT (East) onto 112 Ave NW for 0.4 mi
12:30 PM	82.7 mi	<b>36</b> At S13536, stay on 112 Ave NW (East) for 120 yds
12:31 PM	82.8 mi	Turn LEFT (North) onto 142 St NW for 0.7 mi
12:32 PM	83.5 mi	Turn LEFT (West) onto 118 Ave NW for 1.5 mi
12:35 PM	85.0 mi	Turn RIGHT (North) onto 163 St NW for 0.4 mi
12:37 PM	85.4 mi	<b>37</b> At S13020, return South on 163 St NW for 0.2 mi
12:37 PM	85.5 mi	Turn LEFT (East) onto 121A Ave NW for 0.5 mi





- 12:39 PM 86.0 mi Turn LEFT (North) onto 156 St NW for 0.3 mi
- 12:40 PM 86.3 mi Turn RIGHT (East) onto 123 Ave NW for 0.5 mi
- 12:41 PM 86.8 mi 38 At S3793, stay on 123 Ave NW (East) for 109 yds
- 12:41 PM 86.8 mi Turn LEFT (North) onto 149 St NW for 1.1 mi
- 12:44 PM 88.0 mi Turn RIGHT (East) onto 134 Ave NW for 0.4 mi
- 12:45 PM 88.4 mi Turn RIGHT (South-East) onto Hwy-2 [St Albert Trail NW] for 0.2 mi
- 12:46 PM 88.6 mi 39 Arrive end